



## Program Divisions

*Last Revised on October 26, 2023*

Athletic Programs offered by CYM have an age and grade standard as noted in the below table:

DIVISION	GRADES	COMPETITION	AGE LIMIT
High School (Senior)	9th-12th	Competitive	May not have turned 19 before July 1st of current program year
High School (Intermediate)	9th-10th	Competitive	May not have turned 17 before July 1st of current program year
Varsity	6th-8th	Competitive	May not have turned 15 before July 1st of current program year
Junior Varsity	4th-6th	Competitive	May not have turned 13 before July 1st of current program year
		Instructional Mandatory Play	
Pre-Junior Varsity	3rd-4th	Instructional	May not have turned 11 before JULY 1st of current program year
		Competitive Mandatory Play	

### Transition Years:

Both the 4th grade year and the 6th grade year are considered transition years for athletes. It is expected that the majority of 4th graders will be participating at the Pre JV level and the majority of 6th graders at the Junior Varsity Level. However, in the event that athletes have developed more rapidly than their peers, CYM does permit 4th graders to play at the JV level and 6th graders on the Varsity level in certain sports. The guidelines and approval requirements for such situations are in the table below:

TRANSITION GRADE	LEVEL	SPORT	APPROVAL
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6th Grade	Varsity	Cross Country Tackle Football Soccer Volleyball (Girls & Boys) Basketball (Girls & Boys) Fast Pitch Softball	AAP/AD
6th Grade	Varsity	Baseball	Parent AAP/AD CYM Director
4th Grade	Junior Varsity	Cross Country Volleyball (Both)	AAP/AD
4th Grade	Junior Varsity	Tackle Football Soccer Basketball (Both)	AAP/AD CYM Director (permitted only to round out rosters)

### **Other Important Points:**

- Wrestling (if it exists as a CYM sport) permits 6th-8th graders to participate at the Varsity level.
- Track will not have a Pre-JV or Junior Varsity Division. Rather, all athletes grades 3rd-8th will run as a team but will be split into grades/groups when they run. Championships are 5th-8th grade, but permit 3rd & 4th graders to run as a 5th or 6th grader where appropriate.
- 2nd graders will not be eligible for any other sport except Flag Football (and it will require approval from AAP/AD and CYM)
- 3rd graders may participate in Cross Country, Pre-JV Basketball, Track and Cheerleading

### ***Related Policies:***

Although these leagues no longer exist, if they were to return no individual may play on a CYM team and a team in a league sponsored by a CDOW parish/ school. (i.e. St. Edmond's Academy JV Boys League, St. Elizabeth JV Girls League, etc.) A violation will result in the CYM team forfeiting all games in which the individual played and the individual will be removed from the CYM roster. <sup>2166</sup>

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