



## Playing Time

*Last Revised on August 15, 2022*

Parishes/schools are reminded that the purpose of CYM Sports programs is to promote Christian attitudes while encouraging healthy physical activity. Children sign up for sports to play, have fun and be part of a team. As a result, each parish/school is responsible for monitoring teams and coaches to ensure that children have an opportunity for a positive athletic experience in a Christian atmosphere.

Minimum playing time rules have been established for some sports, mostly at the JV (and PreJV) level, with a few at the Varsity level. In some cases mandating playing time is not needed, such as in cross country where everyone runs. In other sports it is not practical or possible, due to the format or flow of that sport's games. Each sport's specific set of rules details playing time requirements if any. Athletic Associations are expected to develop and monitor their own playing time policies, which may provide for more playing time, but not less, than the CYM rules.

In addition, coaches are expected to hold a parents' meeting at or close to their first practice of a given season. At that meeting the head coach is expected to discuss:

1. The CYM Playing time rule, if any, that applies to the team
2. That head coach's policies and expectations for playing time, including what players should expect, on what basis the coach assigns playing time and what may affect a player's playing time (ex. Effort, attitude, missed practices, etc.)

While each coach is permitted to set his or her own playing time rules within the structures of CYM rules and any Athletic policies, coaches are asked to give primary consideration to the purpose of CYM sports noted above.

Questions/concerns on playing time should be raised to the head coach of the team and escalated to the AAP/AD of the Athletic Association. The CYM Office will not consider playing time issues unless they are in direct violation of CYM rules.

### *Related Policies:*

*There are no related policies for this commentary section.*

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