



Medical

Last Revised on August 15, 2022

Medical history is collected as part of the requirements for Online Registration. This must be completed by a parent/guardian for ALL individuals who wish to participate in ANY CYM sport.

The Office for Catholic Youth Ministry does not mandate a doctor's physical or doctor's note to participate in CYM Athletics. However, a parish/school has the authority to mandate a doctor's physical and/or doctor's note for participation on their athletic teams. It is the responsibility of the parent/guardian of the athlete to make sure that the child is physically, mentally, and emotionally able to participate in the CYM sports program. In the event a parish/school requires a doctor's physical or doctor's note for participation on a parish/school team in the CYM Program, the doctor's opinion regarding a player's health and ability to participate in CYM athletics supersedes any parent/guardian's authorization for a player to participate in the CYM athletic program.

It is strongly recommended that each team have a first aid kit available for practices and games.

Related Policies:

- 9.17** Injuries, other than head injuries, will only be reported at the parish/school athletic association level, and not to the CYM office. Athletic associations are directed to implement policies and maintain records to deal with player injuries and ensure player safety. The CYM office, or any game official, reserves the right to remove a player from a game if the player appears to be hurt or otherwise playing under unsafe physical conditions. ²³⁷⁷
- 9.17.1** An athlete that has Asthma may not practice or play in games/athletic contests unless the coach has possession of an inhaler, with that athlete's name inscribed on the inhaler, and the athlete is able to administer the inhaler without aid. ²³⁷⁸
- 9.17.2** An athlete that is allergic to bee stings and has a history of anaphylactic reaction may not practice or play in games/athletic contests unless the coach has possession of an EPI-PEN with that athlete's name inscribed on the EPI-PEN and the athlete is able to administer the EPI-PEN without aid. ²³⁷⁹

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