



## Head Injuries

*Last Revised on July 11, 2023*

An athlete who receives a potential head injury during a practice, athletic contest or game (regular season, scrimmage, tournament, playoff) in which the athlete is dazed or shows symptoms of a concussion as described in the DIAA "Concussion Handout for Parents" may NOT return to the practice/contest/game until the athlete has been cleared for full participation with no stipulations by a physician. The physician must complete the CYM HEAD INJURY FORM authorizing the return of the athlete. In addition, the parent of the athlete with the head injury must also sign and complete the form. The coach of the team must complete the coach section of the form. The completed "CYM HEAD INJURY FORM" must be submitted to the CYM Office prior to the athlete being authorized by the CYM Office to return to full participation in the CYM Sports program.

Head injuries should be reported by the head coach of a team within 24 hours of the head injury occurring. The head coach is to complete the online injury form through the CYM Online Registration System ([www.cdowcym.org](http://www.cdowcym.org)). The head coach should log into their account and then click injury form.

Any coach that permits an athlete to return to play before a physician's note is cleared through the CYM Office or fails to report the injury within 24 hours may be subjected to disciplinary action from the CYM Office, including warnings, suspensions or dismissal from coaching the athletic program for a period of time to be determined by the CYM Office.

### *Related Policies:*

- 9.18** A concussion is a traumatic brain injury. Signs and symptoms may show immediately or may not appear for 24-48 hours. All CYM coaches are responsible for completing the Concussion in Sports training by going to [www.nfhslearn.com](http://www.nfhslearn.com) and making certain all parents/guardians of team members read the Parent/Player Concussion Information Form provided in the consent section of the CYM online registration of their child. In the event an athlete receives a potential head injury during a practice or game/athletic contest, the athlete must be seen by a physician who is required to clear them to return to play. 8428

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